

## Tips for Life Group Hosts

As the Life Group host, you have a great opportunity to help people feel comfortable and at ease as they are often times stepping out of their comfort zone to come in to another person's home to find community and support. Here are some tips and things to think about as you're hosting that can help people feel most comfortable.

### **Before your guests arrive:**

- Turn on outdoor lights.
- The host usually provides drinks (such as water, coffee, tea) and paper goods needed. Discuss with your leader what you will provide.
- Print out or send out (via Google Doc) a snack sign up sheet and have everyone sign up for 1-2 weeks during your first meeting. Ask about allergies and note them on the sheet, so that no one has to be left out from eating.
- Err on the side of cleanliness and tidiness.

### **Pets:**

- Let your group know ahead of time if you have a pet.
- Vacuum up pet hair on floors, couches, chairs.
- Put pets in another room as guests arrive and for the discussion time. Don't assume people are comfortable with pets, as lovable as they may be!
- Address it at the first meeting and get your groups' permission to let pets roam when your group is finished.
- Always feel your group out, and step in if anyone seems uncomfortable.

### **Things to think about as your guests arrive:**

- Let your guests know where to place shoes and jackets, or take them for them.
- Let them know when they can start eating.
- If you are a couple, it's not a bad idea to have one person outside directing people where to park or waving people inside for the first meeting, when new people are looking for your home.

As a rule of thumb, try to say goodbye to everyone and don't let anyone slip out unnoticed!

Talk with your leader about your role and how you can support them. Think about how you, as the host, can best serve and support your leader and your group.