

Sermon Based Questions

Sunday, March 15th, 2020

Mark 2:18-22

Pastor Nate Holdridge

Note: As followers of Jesus we want our entire lives to be transformed by His Spirit: our head (what we think), our hearts (what we trust and put our hope in), and our hands (our deeds and actions). In light of this, we have structured the questions to touch on each of these areas of our lives. Pray and ask God to give you an open heart and mind to apply the truth of His Word to your life.

HEAD

These questions will help us understand what the scripture teaches (who God is, what He's done, who we are, and how we should live).

- 1) What stood out to you in these verses or from Sunday's sermon?
- 2) What does this passage teach us about fasting? What is the place of fasting in the life of a believer today?
- 3) What is the significance of Jesus referring to Himself as the Bridegroom in this passage?
- 4) What point was Jesus making in verses 21-22 with His teaching about cloth and wineskins?

HEART

These questions will be geared towards shaping our hearts in light of the gospel. Our goal will be to align what we know with what we believe in our hearts.

- 5) Jesus wanted His presence to produce joy and celebration in the lives of His followers. What robs you from experiencing the joy that is found in following Jesus? How does Jesus' presence in your life bring you joy?
- 6) In what ways have you been guilty of treating Jesus as an "add on" to your life?



HANDS

This question will be geared towards us responding to the passage by allowing the Holy Spirit to change the way that we live.

7) In light of this passage, is there a specific action the Holy Spirit is calling you to this week? Perhaps the Lord would lead you to spend time fasting this week. A fast can be physical (from food), but you can also fast in other ways (i.e. taking a digital fast from social media or Netflix). Check out Pastor Nate's post on fasting for more information about what fasting looks like in the life of a believer (posted below).

8) Are there any "old wineskins" that need to be replaced in your life in order to make way for the newness that Christ wants to bring? If so, confess those before the Lord, repent and receive His forgiveness (I John 1:9, II Cor. 5:17).

Pastor Nate's article on fasting:

<https://www.nateholdridge.com/blog/fasting-for-beginners?rq=fasting>

