

## Hello neighbor. We can help!

COVID-19 has caused stress, anxiety, and fear, particularly among the elderly and immune-compromised members of our community. If you get sick, run out of supplies, or otherwise feel too vulnerable to leave home, please let us know and we will do our best to deliver anything you need to your doorstep.

### We can help with:

- Grocery shopping
- Dropping off a meal
- Picking up prescriptions
- A friendly phone call
- Finding a babysitter
- Walking pets
- Getting urgent supplies
- Running an errand
- Sending/Picking up mail

**You're not alone.**

My Name: \_\_\_\_\_

My Phone Number: \_\_\_\_\_

My Email: \_\_\_\_\_

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